

## Job Coaching and Mentoring for People with Disabilities

### *Introduce yourself*

After filling in the previous worksheets, try to introduce yourself:

I am...  
I know....  
I wish...

“Autobiographical” items (*objects, photos, etc representing me*)

### **Step 2: Purpose achievement or problem-solving**

The operator and the PWD identify specific goals, end their relation by detecting suitable services to follow up the progress and assess the achievement of the above-mentioned objectives. At the time of setting the professional goals, the person should be encouraged to take responsibility to:

1. Collect and integrate data about him/herself, his/her professional profile and the labour market
2. Propose and evaluate possible alternatives
3. Make decisions and formulate action plans
4. Implement projects and evaluate their results